



Name of the Faculty: Dr. Meeta Dutta Goyal

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Educational Qualification: Ph.D. (Nursing) M. Sc. Nursing, B. Sc. Nursing

Total Experience: 18 Years

Areas of Interest: Child Health Nursing, Administration, Research & Management

Brief Profile:

Professor Dr. Meeta Dutta Goyal serve as the Principal at SAGE College of Nursing, SAGE University, Bhopal. She earned her B.Sc. from P.G. College of Nursing in Gwalior, 2005 her M.Sc. from P.G. College of Nursing in Bhilai, Chhattisgarh, 2009 and Ph.D. degree in Child Health Nursing from LNCT University in Bhopal, 2021. She has about 18-year experience in teaching research in different area of child health nursing. She has experience working with a community health officer (CHO) counselor. She has helped so many postgraduates and undergraduates' students with their dissertations and has organized and coordinated seminar, conferences at the state and national levels. She has authored book and numerous

articles in numerous nursing journals in central India.

Book publications:

Published a book on “Forensic Nursing” by Alpa International Publication, ISBN: 978-93-5762-665-1.

Research publications in International Journal:

1. Published a research paper titled “Nurse’s Become patient advocate” in European Chemical bulletin, Scopus Indexed Journal ISSN2063-5346, August 2023. DOI : 10.48047/ecb/2023.12.Sill.025.
2. Published a research paper titled “Level of stress and coping behavior” in Journal of Emerging Technologies and Innovative Research ISSN: 2349-5162, UGC Journal No: 63975, Vol. 09 & 05, May 2022.
3. A study to assess the level of stress and coping behavior and to evaluate the effectiveness of selected coping strategies module among higher secondary school students in selected school at Bhopal in Journal of Advance Nursing Research RNI-MPBIL/2020/78923, vol. 06 & 06, April to June 2022,

Research publications in National Journal:

1. The internet gaming addiction between urban & rural adolescent in selected community areas of Bhopal, MP in Community Nursing Spectrum ISSN2321-9629, Vol. 10 and Issue 2, Jan to April 2020.
2. The effectiveness of planned tutorial intervention on knowledge and attitude regarding reproductive health among adolescent (15 to 19years) students at Government Higher Secondary School, Bairagat, Bhopal in Community Nursing Spectrum, ISSN2321- 9629, Vol. 10 & Issue 26, Sep. to Dec. 2019.

3. The effectiveness of Kaleidoscope vs Toy mobile phones as distraction techniques on pain among children during IV injection in selected hospitals of Bhopal in Community Nursing Spectrum, ISSN2321- 9629, Vol. 09 & Issue 25, May to Aug 2019.
4. Effectiveness of oil massage therapy in improvement of health status among low birth weight (1.6 kg – 2 kg) babies in Community Nursing Spectrum ISSN2321-9629, vol. 09 & 23, Sep. to Dec. 2018.
5. Aplasia cutis congenital on the leg of the newborn in Community Health Spectrum, ISSN2321-9629, Vol, 07 & 19, May to Aug. 2017.
6. Challenges for future care of frail older adults in Community Nursing Spectrum ISSN2321- 9629, Vol. 06 & 16, May to Aug. 2016.
7. Barth Syndrome in Community Nursing Spectrum, ISSN2321-9629, Vol. 04 & 11, Sep. to Dec. 2014.
8. Methylmalonic Acidemia (MMA) in Community Nursing Spectrum, ISSN2321-9629, Vol. 03 & 07, May to Aug. 2013.
9. Develop a pamphlet regarding improvement of Quality of Life of children with Thalassemia Major in Indian Journal of Holistic Nursing, Vol. 07 & 04, Dec 2011.
10. A pediatric nurse's role in community in Community Nursing Spectrum ISSN2321 - 9629, Vol. 01 & 01, April 2011.

Papers presented in National Conferences:

1. Invited as a Chief Guest and Speaker in one day Seminar on theme of bridging the gap between theory and practice which was organized by Academy College of Nursing, Bhopal on June 24, 2023.
2. Resource Person in II National Conference (SOCHNI) – 2013 on Innovative changes in community health nursing: issues & challenges organized by Society of Community Health Nurses of India on 6th – 7th Dec 2013.

3. Paper Presentation in National Conference on shaping the future of community health: Innovative changes in Community Health Nursing Practices organized by National Community Health Nursing Conference on 8th - 9th Apr 2011.
4. Paper Presentation in National conference 2011 for nurse educators & post graduate nursing students on nursing curriculum: An Epitome for excellence in practice organized by Pragyan College of Nursing, Bhopal on 31st Jan – 1st Feb 2011.

International/National Conference & Workshops Attended:

1. Participate as a delegate in the above state level workshop held on 15th December 2023 on theme “Statistical Analysis using SPSS” organized by Government College of Nursing, Raipur, Chhattisgarh.
2. Attended webinar on the theme “NNF NeXT (Neonatal expert Talks)” on Is it Sepsis? “Sick Neonates with Negative Blood Cultures” as Participant/Delegate on 21st September, 2023.
3. Attended 5 webinar series on Current Trends in nursing on topic: - Legal Aspects in Nursing Education or Service & Scope of Legal Nursing Consultant with 1.5 is continuing Nursing Education Hour by Society of Cardiac Nurses, India in collaboration with Nursing Teacher Association (NTA), India & Nursing Next Live- A Unit of CBS Publishers & Distributers Pvt. Ltd. As Participant/Delegates on 24th Aug 2023.
4. Attended webinar on the theme “NNF NeXT (Neonatal expert Talks)” on “Neonatal Resuscitation Guidelines update” as Participant/Delegate on 17th August, 2023.
5. Attended webinar on the theme “FOSTERING THE NEED OF IMPACTFUL PUBLICATION IN NURSING RESEARCH” held on 13th August 2023.
6. Attended webinar on the theme “NNF NeXT (Neonatal expert Talks)” on Fetal

Neurology: Current Landscape and Path Forward as Participant/Delegate on 04th May, 2023.

7. Participate in Virtual International Conference: Aligning Nursing Education with Practice Territory in the Current Scenario: A Global View organized by Chirayu College of Nursing, Bhopal on 23rd and 24th April 2021.
8. Participate in State Level Intercollegiate Research Meet on the theme: Research Utilization in Evidence Based Nursing Practice organized by Chirayu College of Nursing, Bhopal on 18th July 2018.
9. Participate in National Workshop on SPSS organized by People's College of Nursing & Research Centre Bhopal on 16th Jan 2016.
10. Participate in XXV MP State SNA Biennial Conference organized by SDPS College of Nursing, Indore on 20th to 21st Sep 2013.
11. Participate in XXIV Biennial 73rd National Conference on Quality Clinical practice: Nurses' Concern organized by Trained Nurses Association of India on 27th to 28th Nov 2012.
12. Participate in Seminar on Microteaching organized by R.D Memorial college of nursing, Bhopal on 18th Jan 2011.
13. Participate in Nursing Neocon 11 organized by Choithram College of Nursing, Indore on 5th & 6th Mar 2011.
14. Setting Standards for Safe Child birth: Empowering Women Enabling Midwives organized by IX ICM Regional Asia Pacific Midwives Conference, Hyderabad and Society of Midwives of India on 19th – 22nd Nov 2009.

FDP Attended:

1. Take training in Dakshata Training organized by Government of MP, jhpiego & USAID on 24th - 26th Jul 2017.
2. Take training of OSCE pattern for practical training by MP Nurses Registration

Council, Bhopal, on 16th Oct 2015.

3. Take training of Trainer on Tuberculosis under GFATM Project – 7 by Indian Nursing Council, New Delhi on 19th – 21st Jan 2015.
4. Take training of BNCRP Provider on IAP NNF Neonatal Resuscitation Program on 12th Sep 2014.
5. Participated as a Peer Reviewer in the "GFNPSS-GLOBAL Nursing Journal" on the topic "A Study to Assess the Effectiveness of STP Regarding Knowledge on Breastfeeding Practices Among Antenatal Mothers at Selected Hospitals" in December 2023.

Master's Level Thesis Guided:

1. Effectiveness of pictorial booklet on knowledge regarding pica habits among care taker of 2-5 years old children.
2. The knowledge and practice of mothers about Prevention of Night Blindness due to Vitamin 'A' Deficiency among children with a view to Develop information guide sheet for Mothers.
3. The knowledge and practices of transportation of newborn among the working staff nurses.
4. Effectiveness of oil massages therapy in improvement of health status among low birth weight (1.6Kg – 2.4Kg) babies.
5. The effect of planned health teaching on knowledge of nutrition and physical activity in mothers of obese children of age group between 6-12 years in urban community.
6. Effectiveness of video assisted teaching on knowledge regarding chest physiotherapy and nebulization with salbutamol in wheezing bronchitis among the mothers on under five years children.
7. The internet gaming addiction between urban & rural adolescents in community

areas.

8. Effectiveness of structured teaching programme on knowledge of mothers regarding prevention of hypothermia in newborn in urban community areas.
9. Effectiveness of self-instructional modules regarding health hazards of consuming junk foods on knowledge of high school children.
10. The self-concept and adjustment problem among the B. Sc. Nursing 1st year students.
11. Effectiveness of planned tutorial intervention on knowledge and attitude regarding reproductive health among adolescent (15 – 19years) students of Govt higher secondary school.
12. The level of stress and coping behavior and to evaluate the effectiveness of selected coping strategies module among higher secondary school students.
13. Self-instructional modules (SIM) on knowledge and practice of nurses in caring for children undergoing cancer chemotherapy in cancer ward.
14. The knowledge of employed and unemployed mother regarding eating habits of their children.
15. Effectiveness of two distraction techniques in altering behavior responses to pain among toddlers receiving immunization.
16. Nutritional status children between 3-5 years of age group in urban community.
17. Kaleidoscope Vs toy mobile phones as distraction techniques on pain perception among children during IV Injection.
18. The effect of consumption of ground nut and jaggary on hemoglobin level among anemic adolescent girls.
19. Music therapy on pain perception during first stage of labour among primi parturient.
20. Self-instructional modules (SIM) on knowledge and practice of nurse in caring for children undergoing cancer chemotherapy.

21. The knowledge and competency of nurses in assessment and treatment of under-five based on integrated management of neonatal and childhood illness (IMNCI) guidelines.
22. Breast massage on milk secretion among LSCS mothers of preterm neonates admitted in NICU.

Awards/Recognitions:

1. Receive Atmamanthan Award (HOS/Principal of the Month) on 6 July, 2023.
2. Global Foundation for Nursing Profession and Social Services, Jaipur organized Vishishth Shikshak Samman -2023 on the special occasion of Teacher's Day and awarded to Dr. Meeta Dutta Goyal, Principal, SAGE College of Nursing, Bhopal
3. Central Zonal Treasurer of Global Foundation For Nursing Profession & Social Service.

Workshops/Seminars/Conference Organized:

1. Organized a Workshop on "INTERNATIONAL SELF CARE-DAY" on 24 July 2023.
2. Organized World Patient Safety Day in Apollo SAGE Hospital Bhopal, on 18/09/2023.
3. Organized Seminar on "World Mental Health Day-2023".
4. Organize webinar on the theme "Social Change: Consequences in Human Behavior." On 15/12/2023.
5. Organized Health Check – Up Camp in Kusha Bhau Thakre Nursing College, Bhopal 19th Feb 2014.

Expert Lectures Delivered:

Delivered a Expert lecture on "NO Tobacco Day" for students of Indore Nursing

College, Indore on 14th December 2018.

Membership of Professional Bodies:

1. Trained Nurses Association of India (TNAI)
2. The Neonatal Nurses Forum (NNF)
3. Society of Community Health Nurses of India (SOCHNI)
4. Global Foundation for Nursing Profession & Social Service
5. The Nursing Teachers Association, India